



Assistant Coach

Connor McGinnis

Connor McGinnis is from Cape Girardeau, Missouri and started competitively swimming at the age of 5. He was an Ozark Division I Age Group Champion 10 & Under, 12 & Under, and 14 & Under. He has qualified and competed in finals at Central Zones and Section 8 Sectionals, and competed at the Arena Grand Prix. Connor was a versatile USA swimmer posting AAA times in yards 100, 200 1000, 1650 Free, 100, 200 Bk, 100Fly, 100, 200, 400IM. While he credits his multiple AAA times in short course to good turns, he also posted multiple AAA times in Long Course 100, 200, 400, 1500 Free, 200Back, 200IM and 400IM.

He has set High School Conference Records in MO in the 100 yard Back, and the Saxony Lutheran High School records in the 200 Free, 200 I.M., 100 Fly, 100 Free, 500 Free, and 100 Back. Connor was All-State and All-Conference all four years of high school.

Connor attended South Dakota State University and swam for the Division I program with scholarship and graduated in 2017 with a B.S. in Parks and Recreation Management. During college, Connor was All-Conference, and Conference finalist in the 100 Back, 200 Back and 400 I.M and team captain Senior year of college. Click on [Connor's South Dakota State Bio](#).