

**JACKSON HOLE STINGRAY SWIM TEAM
COACH, SWIMMER, AND PARENT ROLES AND CODES OF CONDUCT**

Amended August 2020

COACHES

Coach Role

All Jackson Hole Stingrays (JHSR) coaches must meet high criteria set forth by USA Swimming. Each coach holds a current First Aid and CPR Training. Coaches are also required to complete the USA Swimming Safety Training for Coaches Course. JHSR coaches have also passed a background check. All of the above requirements must be kept up to date for a swim coach to remain in good standing with USA Swimming and the Jackson Hole Stingrays.

JHSR coaches' main responsibility is to mold all of our swimmers into the best swimmers that they can be. In addition, coaches mentor swimmers in life skills and positive values.

Coaches shall build relationships with team families, to achieve mutually-set goals for each swimmer.

Coaches also help the team to build relationships with other aquatic organizations.

Coach Code of Conduct

Coaches shall treat all swimmers, parents, and coaching staff with mutual respect and encourage a positive team culture that supports and encourages sportsmanship, fellowship, and helpfulness.

Coaches will ensure the safety of all swimmers on the pool deck and in the pool at all times.

Coaches will meet commitments to attend practices and meets for which they are scheduled and will show up on time.

Coaches shall not coach for other clubs or organizations without the permission of the Head Coach.

JHSR maintains the right to terminate employment of any coach with/without cause in the interest of our vision, mission and objectives.

SWIMMERS

Swimmer Role

Swimmers are the heart of the JHSR team. The purpose of the team is to support their development and achievement through competitive sport in both swimming and life.

Swimmer attitudes are critical to their long-term success. Swimmers should be willing and enthusiastic participants in their own training. They should be active listeners, seek to understand coaching instruction, and strive to achieve personal and team goals. They should follow directions and accept constructive criticism, as well as praise. They should lift their team members up in a spirit of sportsmanship.

Swimmer Code of Conduct

As a swimmer and member of the JHSR Swim Team, I will abide by the following code of conduct:

1. I will conduct myself with dignity and respect for others and for the property of others.
2. I will be on time for practice, training sessions, and meets.
3. I will comply with all team rules.
4. As a matter of team pride and courtesy to meet hosts, pool facility operators, and janitorial staff, I will leave the JHSR team area in a neat and clean condition at the conclusion of each practice session. I understand this also applies to pool locker/rest rooms, bleacher areas, pool decks, etc.
5. I will practice and teach good sportsmanship.
6. I will promote positive team spirit and morale.
7. I will offer congratulations and encouragement to my opponents.
8. I will support my teammates at practice and at competition. Working together as a unit will benefit each team member and is an important part of JHSR spirit.
9. I will follow verbal directions of the coaching staff. At no time will disrespectful attitudes by any swimmer be tolerated.
10. I will respect the rights and space requirements of other groups using the swimming facility.
11. I will follow the Code of Conduct at home, at away events and at any event where JHSR is represented.

Prohibited Behavior:

I understand that at no times will the following be accepted:

1. Use or possession of any illegal substance (i.e. alcohol, drugs, tobacco).
2. Destructive behavior.
3. Inappropriate or unruly behavior, including fighting or striking another athlete.
4. Inappropriate language (swearing or derogatory comments) or lying.
5. Stealing and vandalism.
6. Bullying or isolating another swimmer.
7. Interference with the progress of another swimmer during practice or at any other time.

Consequences for Violation of the Code of Conduct:

This code shall be in force for all JHSR swimmers during practice, during swim meets, and at events sponsored by, or in which, JHSR is represented. Disciplinary actions can range from, but are not limited to, reprimands, repetitions of a drill, etc., being sent home from practice or meets at the parents' expense, expulsion from the team, being barred from competition, or receiving any other disciplinary action that the coaches or Board deems necessary if a member fails to adhere to the Code in part or in whole.

SUSPENSION: Coaches may suspend a swimmer from practice for disciplinary reason for a maximum of three days. Coaches may also recommend to the board that a swimmer be expelled from the club if in his/her judgment, the swimmer is unable to conform to the disciplinary guidelines established for swim practice and club participation.

Safety and Behavior

The JHSR board of directors reserves the right to terminate the membership of any individual whose behavior places the JHSR in an unfavorable light or jeopardizes our participation in any pool use or sporting event. All swimmers are expected to demonstrate good sportsmanship and act as appropriate ambassadors for the club. They should act as role models for other swimmers at all times.

PARENTS

Parent Role

The parents' role is to foster and enable a competitive, positive, and supportive environment. As the parent/guardian of a competitive swimmer, your main responsibility is to provide a caring, and supportive environment. This support will encourage your child to feel confident about his or her involvement in USA swimming. Show your support by ensuring your swimmer's attendance at practice and swim meets.

Parents/guardians are not participants on their child(ren)'s team, but contribute to the success experienced by the swimmer and his or her team. Strive to be a positive role model. Most important, show good sportsmanship at all times towards coaches, officials, athletes, and other teams.

Parent Code of Conduct

1. Parents will practice teamwork with all parents, athletes, and coaches by supporting the values of discipline, loyalty, commitment, and hard work.
2. Parents shall not engage in any conduct that is detrimental to the team.
3. Parents shall not engage in or condone any act of sexual or other forms of harassment, lewd behavior, or violence at the Teton County Parks Recreation Center (TCPRC), swim meets, or other JHSR functions.
4. Parents must maintain self-control at all times and know their role:
 - Swimmers – Swim
 - Coaches – Coach
 - Officials – Officiate
 - Parents – Parent
5. Parents shall not interfere with the coaching staff during practices or swim meets. (Generally, unless summoned by a coach or working at a meet, parents shall stay behind the rope and/or on bleachers on the pool deck. This includes walking a swimmer to the blocks.)
6. Parents shall not approach any official during a swim meet with questions or complaints about an official's decision.
7. Parents shall not pull their children from practice or a swim meet because they are dissatisfied with their swimmers' or coaches' performance.
8. Parents shall not coach or instruct the team or any athlete at a practice or a swim meet (from stands or any other area) or interfere with coaches on the pool deck. Any communication with the coaching staff will occur either prior to the start of a coach's shift or after the conclusion of his/her coaching day.

9. Parents shall constructively and respectfully discuss issues they have with the team or coaching staff apart from practices and swim meets in a privately arranged meeting. Parents must address any concern or issues they have with an Assistant Coach with that coach first. If the issue is not resolved, the parent will consult with the Head Coach, and if the issue remains unresolved, assistance of the Board should be sought. If an issue is with the Head Coach, the Head Coach should be consulted first, and if the issue is unresolved, assistance of the Board should be sought.
10. Parents shall not criticize the coaching staff in front of swimmers.
11. Parents must demonstrate good sportsmanship by conducting themselves in a manner that earns the respect of their child, other athletes, parents, officials, and the coaches at both meets and practices. Criticizing, name-calling, use of abusive language or gestures directed toward the coaches, officials, other parents, and/or any athlete will not be permitted or tolerated.
12. Parents may only have respectful communications, attitudes, and actions to support their own and other athletes, coaches, and parents who are a part of JHSR.
13. Parents shall ensure their children arrive to practice on time and are picked up on time when practices are finished.
14. Parents shall responsibly supervise any non-swimming children they bring to TCPRC.
15. Parents shall adhere to all TCPRC policies while at the Aquatics Center premises.
16. Parents shall engage in good sportsmanship and project a positive image of JHSR during practice, at swim meets, and at other JHSR functions.

All Jackson Hole Stingray Swim Team parents agree and are thus obligated to follow the aforementioned Code of Conduct. Should a parent conduct themselves in such a way that brings discredit or discord to JHSR, or USA Swimming, parents voluntarily subject themselves to the disciplinary actions below. JHSR maintains the right to terminate any membership with/without cause in the interest of our vision, mission, and objectives.

Consequences for Violation of the Code of Conduct:

The JHSR coaching staff and Board of Directors will enforce violations of the Parent Code as follows. However, the Board reserves the right, upon consultation with the coaching staff to immediately terminate the membership of any parent and/or his or her swimmer(s) depending on the severity of the violation:

1. First violation: Verbal warning from Assistant Coach, Head Coach, or Board of Directors.
2. Second violation: Written warning from Board of Directors.
3. Third violation: Immediate meeting with the Board of Directors and Head Coach with consequences including possible expulsion from JHSR

The Board of Directors reserves the right to reinstate membership of any parent upon a sufficient showing that the parent will abide by the Code and comport his or herself in the interest of the JHSR vision, mission, and objectives.