



Assistant Coach

Jen Givens

Jen Givens was born in Jackson, Wyoming and grew up in Daniel, Wyoming on a ranch. She went to Pinedale schools and swam competitively in all years of middle school. During high school, she swam her freshman year and competed in high school rodeo all four years. In 1996, her senior year of high school, she became the National High School Rodeo Champion in Girls Cutting. After high school, Jen went to UNLV and the University of Wyoming and majored in Business, graduating from the University of Wyoming with a Bachelor of Science in Business Administration. Jen has worked with kids of all ages in many aspects (church school, high school rodeo) and enjoys contributing to her community. Today, Jen works at Holland & Hart LLP and spends her free time with her family and riding her horses. She is excited to coach the JH Stingrays, get back into the swimming community, and share her love of the sport with your swimmers.